

Useful Tips

Keep your **HEALTHCARE ACCESS CARD** with you at all times. It is proof of your emergency healthcare coverage while you are in Canada

What is the Healthcare Access Card?

The Healthcare Access Card functions as a prescription drug and emergency dental card when you show it for eligible expenses.

Where can I seek medical care in Canada?

You can seek medical attention and service anywhere in Canada.

- **A Drugstore or Pharmacy** can help you find solutions for minor health issues without seeing a doctor.
- **mobileDOCTOR** allows you to connect with a doctor from your phone or computer anytime, anywhere. Go to www.guard.me/mobiledoctor to sign up.
- **Walk-in Clinics** are where you can see a doctor for most health concerns. Visit your local walk-in clinic or go to your **guard.me** customized website www.guard.me/mitt or www.guard.me and click on, "Find a Canadian Clinic" to see clinics in your area.
- **Hospitals** are for serious emergencies only. **Call 911 for emergency assistance.** If the hospital asks you to pay, ask for an invoice and submit the invoice to **guard.me**.




Log into "My Account" with your **guard.me** customized website www.guard.me/mitt or www.guard.me for the following:

- To replace a lost Healthcare Access Card
- To view or download a policy wording or summary
- To submit a claim or check on the status of a claim you submitted
- General inquiries and information



Enrollment and Claim Inquiries

guard.me offers 24/7 customer service

-  Tel: +1-905-752-6230
-  Toll-Free: +1-888-756-8428
-  customercare@guard.me

www.guard.me



We've got you covered

Benefit Summary

Updated: 08.25.2023
GMITT 2023

Underwritten by:

Old Republic Insurance Company of Canada
100 King Street West, 11th Floor, Hamilton, Ontario, Canada L8N 3K9

Travel Healthcare Insurance Solutions Inc. o/a guard.me International Insurance

REAL PEOPLE.

REAL SOLUTIONS.

REAL LIFE.

REAL TALK.



Benefit Summary

Emergency Medical Benefits	
Services	Benefits
Hospital services	Included
Physician fees	Included
Laboratory and diagnostic testing	Included
Private duty nursing	\$20,000
Prescription medication	60 Day supply
Psychiatric hospitalization	\$50,000 Lifetime maximum
Psychiatrist fees	\$10,000 Lifetime maximum
Ground ambulance transportation	Included*
Air transportation	\$300,000
Pregnancy – serious complications	\$50,000
Medical equipment and supplies	Included*
Family transportation and subsistence allowance	\$10,000
Repatriation of remains	Included
Burial at host country	\$15,000
Dental injury	\$5,000*

Non-Emergency Medical Benefits	
Services	Benefits
Pregnancy	\$25,000
Paramedical	\$1,000
Physiotherapy and speech therapy	\$2,000
Psychotherapy	\$2,000
Immunizations	\$500
Annual physician visit	\$200
Annual eye exam	\$120
Vision care	\$200 (paid at 70% and available once every 24 months)
Wart treatment	\$500
Non-emergent care	\$10,000
Contraception coverage	\$40 (Every 30 days)
Diabetic supplies	\$400
Dental care	\$750 (When 6 months of coverage is purchased)
STD-STI testing	\$100
Private tutor	\$1,200
AccessAbility	\$2,500

Accidental Death and Dismemberment Benefits	
Services	Benefits
Personal accident	\$50,000
Common carrier accident	\$100,000
Trauma counselling	10 Sessions
<p>All benefits reset every 365 days except for Psychiatric Hospitalization and Psychiatrist fees (lifetime limit applies) and Vision Care (24 month benefit cycle). *Additional sub limits apply.</p>	

The overall limit of this policy is
\$5,000,000

Important notice:

- This is a summary of benefits available under the **guard.me @MITT** policy.
- Certain limitations and exclusions may apply.
- Full details are found in the **guard.me @MITT** policy.
- The actual policy wording governs.
- All benefits are in Canadian currency and are per 365-day period.
- Prior approval required for certain benefits.